



Jn. 6:35

**I AM...**  
**THE BREAD OF LIFE**



## Jesus' I AM Quotes in John

- Each metaphor reveals unique characteristics of Jesus
- Proclaims His deity
- Here, Jesus is the only life-giving food for mankind's souls



## “Bread of Life” Context of Jn. 6

- Follows “living water” discussion in ch. 4
- 6:1-14 – Jesus feeds 5,000
- 6:14 – “This is indeed **the prophet** who is to come.” (Dt. 18:15-19; Acts 3:22-26)
- MESSAGE: Jesus feeds hungry souls with bread from heaven.



## “Bread of Life” Discussion

- \*\*Focus on spiritual, not physical.
- 6:27 – “Labor for the food that endures for eternal life.”
- 6:29 – “This is the **work** of God, that you **believe** in Him whom He sent.”
- 6:30 – People ask for a sign (manna), comparing Jesus to Moses again.



## “Bread of Life” Discussion

- 6:32-33 – True bread from heaven
- 6:35 – “I AM the bread of life. Whoever **comes** to me will never be hungry, and whoever **believes** in me will never be thirsty.”
  - Tense of Greek verbs indicates **continuous action**
- Spiritual bread keeps our souls sustained



## Words of Eternal Life

- 6:63 – “The words I have spoken to you are spirit and life.” (1:1, 14)
- 6:68-69 – Peter: “Lord, to whom can we go? You have the words of eternal life. We have **come** to **believe** and know that you are the Holy One of God.”



## “Bread of Life” Summary

- What is this bread? Jesus
  - Who gives this bread? The Father
  - What does it do? Gives life
  - How do we eat it? Come & Believe
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- **6:47-51 – Jesus is able to make this claim because He is deity with the ability to prove His words.**



## “Bread of Life” Points

- Jesus is superior to Moses—a Prophet like him, but His bread gives eternal life.
- The Bread of Life does not get moldy or stale...
- Belief is work, requiring a continual effort, 6:29
- We must come and believe, 6:29, 35, 69